



Patient Pain Control

These instructions were created to help you, the patient, control your pain after a dental procedure. It is normal to feel discomfort after having an invasive dental procedure.

If you were prescribed an antibiotic, it is important to take it as directed until all the pills are gone.

We recommend that you take the following OTC meds every 6 hours for pain relief:

600 mg (3-200 mg tablets) of ibuprofen (Advil, Motrin)

AND

650 mg (2-325 mg tablets) of acetaminophen (Tylenol)

****Do not exceed 3000 mg of acetaminophen in a 24-hour period****

*****Take with a full glass of water and sit up for at least 30 minutes after taking these medications*****

It is important to take these medications every 6 hours to stay ahead of the pain. We recommend you set a timer.

We recommend you begin this regimen **BEFORE** your anesthetic wears off.

It is important to drink plenty of water with these medications. We recommend taking them with a small amount of food to help avoid stomach upset.

If you were given antibiotics, adding yogurt to your diet can help reduce stomach upset and diarrhea; alternatively, you can take a probiotic supplement to accomplish this.

If you have any questions or concerns, please do not hesitate to contact our office.